

# Newsletter

Nazen Smith

November 2016



## Membership

### New Training Session and Inductions

As most of you know and experienced, the club has grown a lot in the last years. We now have nearly 500 members and the blue vest are being seen in many scenes...Some training evenings have seen a spectacular 120+ athletes at the track.

Hence a new training session will start in January on a Wednesday 6.45-8pm. These sessions will be with Coaches Martin Phillips and Serena Bignell and will be for running only.

RAC Rocks!!!

## Coaches

### 2 new assistant coaches

The Club would like to congratulate and welcome Ian Howe and Rachel Hyman in the coaches team. They took their assistant coach course this month. Parent helpers, contact me if you would like to do the same!

### Help

We need a committed coach for Tuesdays to help out on the Year 6/7/8 groups.

## Awards



### Recognising Rushcliffe Awards 2016

Kindly nominated by Nina Coverley as Youth Club of the Year at the "Recognising Rushcliffe Awards 2016". The Club won on the 23<sup>rd</sup> November.



### Rushcliffe Sports Awards 2016

Not stopping at one, Marc Scott (Club Development and Welfare Officer) also nominated RAC for Club of the Year, which we won the week after!!!



## Congratulations

Huge congratulations to Serena for getting a County Badge from Notts AAA, acknowledgement of all her work done in athletics.



## Committee

### Welfare Officer

We would like to welcome our new welfare officer Marc Scott.

### Track & Field Manager

This position is now vacant as Danny stepped in Graham's shoes as XC team leader.

Graham is now managing the Men and Ladies of Rushcliffe



## Holidays

The last day of training will be on Thursday 22<sup>nd</sup> December. Training will resume on Thursday 5<sup>th</sup> January.

## Lost Property

All lost property not claimed by Xmas will be disposed of.

## Induction sessions

These will take place in January on Wednesday 11<sup>th</sup> and Saturday 14<sup>th</sup> only. Athletes will not be able to join the Tuesday and Thursday sessions till April.

## Sportshall

So far RAC are 3<sup>rd</sup> on the table behind Sutton AC and Notts AC. Last match is on Sunday 11<sup>th</sup> December. Under 15 we need you!!

## Mini League X-Country

RAC is leading this one so far... well done to all athletes. Next Match on Sunday 18<sup>th</sup> December.

## MOR & WOR

Men and Women of Rushcliffe!! The adult membership seems to be growing so fast! Fantastic to see so many blue vests... This only means that as a club, we also get more marathon places, 1 place for London (which was allocated to Martin Findlay) and 6 places to Brighton Marathon....

## Useful Contact Details

Chairman – Matthew Edwards  
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General Secretary – Nazen Smith  
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Treasurer – David Sweet  
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Membership Secretary – Jo Davis  
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